



HOTEL RESTAURANT SPA

## Fredrick's Sunday Luncheon

### Starters

Roast Pumpkin Soup with Bitter Chocolate Jelly

Sauté Chicken Livers with Woodland  
Mushrooms

Braised Pork Cheek with Crispy Pig Ear

Traditional Oak Smoked Scottish Salmon

Cornish Crab and Avocado Salad

### Main Courses

Roast Beef with Yorkshire Pudding

Fillet of Pork With Savoy Cabbage

Roast Loin of Lamb

Supreme of Chicken

with Curly Kale and Cepe Risotto

Grilled Hake Herb Crust with Shellfish Salad

Vegetarian option available upon request

All served with a selection of fresh seasonal  
vegetables

### Desserts

Apple Strudel with Vanilla Cream

Bacardi and White Chocolate Parfait with  
Blackcurrant Poached Pear

Tarragon Parfait and Raspberries

Choice of homemade sorbets and ice creams

Selection of ripe british and continental cheese

Coffee and petits fours

**£36.50 per person**

If you have any food allergies please do talk to a member of staff before ordering,  
although not containing nuts or flour some dishes may have traces.